



Year 1 Parent Session / Spring 2026

Preparation for Year 2 Confirmation Checklist

In an effort to support you and your child as you navigate all the requirements outlined in the Confirmation Commitment Agreement, this checklist provides an outline of each requirement and when it should be completed. These requirements must be completed in order for your child to receive the Sacrament of Confirmation in April 2027. The requirements include:

- **Communications Form** (email/text)
- **Healthy Relationship Training** (1-hr online)
- **Sunday Mass Attendance** every week and Holy Days of Obligation
- **Retreat** at St. Anastasia's in the fall or another parish before being confirmed.
- **Confirmation Name** - a 300-word report on the patron saint confirmandi looks up to and why.
- **Confirmation Sponsor** that is an active Catholic and agrees to the following:
 - Submit a Certificate of Eligibility from the parish of which they are a member of. (EXAMPLE Provided)
 - Agree to be present for both the Rehearsal and Confirmation Mass
 - Sponsor Activities – more info to come
- **Faith-based Activities** and submitting a reflection of participation in these activities:
 - Service – see details on the back of this sheet
 - Community – see details on the back of this sheet
- **Confession** in April as close to the reception of the Sacrament as possible
- **Interview** w/Priest or Coordinator – 15 minute conversation in April before Confirmation

Please don't hesitate to reach out to me (Grace Lallmann, Confirmation Coordinator) with any questions or concerns you may have. The purpose of these assignments and requirements is to provide you with an opportunity to experience the many ways our Catholic faith is put into action as we grow in maturity and spirituality.

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We understand that there is a lot to do for year 2 confirmation students here are some examples of activities that qualify for each requirement as well as when they can be completed. Some requirements can be completed in the summer and some cannot be done until classes start in the fall of 2026.

REQUIREMENTS	When can it be completed?	
Communications Form (email/text)	To be filled out this summer so we can keep in touch with you and keep you up to date. QR code provided in parent handout	
Healthy Relationship Training (1hr online)	Can be completed in the summer or school year (Fall 2026) but must be completed before participating in any service activities. QR code provided in parent handout.	
Sunday Mass Attendance (weekly and on Holy Days of Obligation)	Participation in Sunday mass is the heart of our catholic life. What your children are learning in class is meant to come alive through the Mass, where we encounter Christ in a real and meaningful way! We encourage you to make Sunday Mass a priority for your family. If you are not already attending weekly Mass, please consider starting now.	
Retreat	To be completed during the school year . You will receive the date of the retreat in the schedule that you will receive at the beginning of the year (Fall 2026). There will be options for other Confirmation Retreats in the area but all students MUST attend a Confirmation Retreat to receive the Sacrament in the Spring of 2027	
Confirmation Name	To be selected during the school year . A 300-word report can be submitted via our online JOTform. This report will be on the patron saint they look up to and why.	
Confirmation Sponsor	To be selected during the school year (Begin thinking about who you might want to ask and reviewing the Certificate of Eligibility to understand the responsibility of a Sponsor.)	
Faith-Based Activity Service (with reflection)	<p>These can be completed starting in the summer and into the school year</p> <p>Once a service activity is completed the student will need to write a reflection and submit it via our online JOTform.</p>	<p>Can choose to do a one-time service project or to do 5 hours of service by signing up for multiple events</p> <p><u>One-time event</u></p> <ul style="list-style-type: none"> • Sign up to volunteer for VBS this summer <i>July 13-16</i> QR code provided in parent handout <p><u>Other service opportunities (any combination of 5 hours to be completed) *MUST SIGN UP IN ADVANCE*</u></p> <ul style="list-style-type: none"> • Help with coffee and donuts, volunteer at clothing drive or other events hosted by St. Anastasia • Assist at Mass: alter serving, usher, greeter • We have more options available and will work with you and your student to best fit your needs.
Faith-Based Activity Community (with reflection)	<p>Can be completed starting this summer and into the school year</p> <p>Once a community activity is completed the student will need to write a reflection and submit it via our online JOTform.</p>	<p>Can choose to attend one conference event or 3 community group nights</p> <p><u>One-time Conference</u></p> <ul style="list-style-type: none"> • R.I.S.E. conference - hosted by the AOD - Feb 7th (9th grade only) requires payment • ANCHOR conference – hosted by AOD- Mar 13th (7/8 grade) requires payment <p><u>Attend 3 times throughout summer/school year - any combination of 3 age-appropriate events can be completed</u></p> <ul style="list-style-type: none"> • Attend 3 or more T.A.G nights (7/8 grade only) • Attend 3 or more B.A.S.I.C. nights (9th grade only) • Attend 3 or more R.E. Family Nights in the Summer
Confession	Spring 2027 - To be completed about a week or so before receiving the sacrament of confirmation to prepare hearts for the sacrament	
Interview – 15 minutes with a Priest or the Confirmation Coordinator	Spring 2027 - There will be an online sign-up form with multiple options distributed a month before the scheduled Confirmation Mass	