

St. Anastasia Catholic Church Athletics  
Amateur Athletic Waiver and Release of Liability – Walk in the Gym

**Please Read before signing**

*May 1, 2024 – May 29, 2024*

**Wednesday mornings 9-11am only**

In consideration of being allowed to participate in any way in the St. Anastasia Church, Inc. Senior Walk in the gym sports program, related events and activities in the parking lot, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I knowingly and freely assume all such risk, both known and unknown, even if arising from the negligence of the releases of others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,

I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, hereby release and hold harmless St. Anastasia Church, Inc., Pastor of St. Anastasia Catholic Church, the Archdiocese of Detroit, The Archbishop of Detroit, and Mooney Real Estate Holdings, their officials, officers, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (“releases”), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releases or otherwise.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

X \_\_\_\_\_

(participant’s signature)

Date: \_\_\_\_\_